

FAST FACTS ABOUT PRO VITALITY

We are in a global health crisis!

Health surveys show that the incidence of chronic diseases such as heart disease, cancer, and diabetes is higher than ever before. This can be attributed largely to the state of our diets that are woefully inadequate in nutrient-rich whole foods. The reality is that most of us have turned the healthy food pyramid upside down—too much of the wrong stuff, not enough of the right stuff!

- 90% of us don't eat the recommended 5-13 servings of fruits and vegetables
- 70% of us eat foods that actually contribute to poor health
- Less than 1 serving of whole grains are consumed on a daily basis—many don't even get that
- Protective lipids and sterols have been stripped from whole grains to increase their shelf life
- Many don't eat fish due to concerns about the presence of heavy metals and contaminants

TURN YOUR WELLNESS PYRAMID RIGHT SIDE UP!

- According to the Centers for Disease Control, good nutrition plays a critical role in lowering the risk of heart disease, stroke, cancer and diabetes.
- Everyone should increase the consumption of whole-grain foods, increase intake of fruits and vegetables, increase the consumption of foods rich in omega-3 fatty acids, and maintain a healthy weight.
- But even those with good intentions to eat a healthy diet face challenges. Busy lifestyles, eating on-the-run, and the prevalence of processed foods all contribute towards nutritional gaps that would benefit from nutritional supplements.

GNLD'S SOLUTION: PRO VITALITY

- Whole-food nutrition clinically proven to strengthen the perfect foundation for lifelong health and vitality
- Features convenient on-the-go packets!
- Includes three scientifically-proven products: Tre-en-en, Carotenoid Complex, and Salmon Oil Plus, providing the nutrition of whole grains, fruits and vegetables, and omega-3 fatty acids from fish.
- Each packet provides powerful nutrients that support*:
 - Cellular health for abundant energy
 - Powerful antioxidant protection
 - Optimum immune strength
 - Heart and brain health
 - Flexible, healthy joints
 - Youthful skin, hair and nails
- Pro Vitality's whole-food nutrition is the core supplement for healthy nutrition—no matter what your health goals!



SUGGESTED USE: Take three packets daily with meals

Supplement Facts		
Serving Size: 3 Packets (9 softgel capsules)	Servings Per Container: 10	
	Amount Per 3 Packets	%DV**
Calories	60	
Calories from Fat	50	
Total Fat	6 g	9%
Saturated Fat	0.5 g	3%
Polyunsaturated Fat	2.5 g	†
Monounsaturated Fat	1 g	†
Trans Fat	0 g	†
Cholesterol	0 mg	0%
Total Carbohydrate	1 g	<1%
Protein	1.5 g	†
Vitamin A (as alpha and beta carotene)	7500 IU	150%
Vitamin E (as d-alpha tocopherol and mixed tocopherols)	21 IU	70%
TRE-EN® Grain Concentrate blend rice bran oil, soybean oil, wheat germ oil	2025 mg	†
Total Omega-3 fatty acids	1150 mg	†
including DHA (docosahexaenoic acid)	480 mg	†
EPA (eicosapentaenoic acid)	460 mg	†
DPA (docosapentaenoic acid)	50 mg	†
stearidonic, eicosatrienoic, eicosatetraenoic, heneicosapentaenoic and alpha-linolenic acids	160 mg	†
Carotenoid Complex blend	900 mg	†
carrot oleoresin (<i>Daucus carota</i> (root), red bell pepper oleoresin (<i>Capsium frutescens</i> (fruit), tomato oleoresin (<i>Lycopersicon esculentum</i> (fruit), spinach oleoresin (<i>Spinacia oleracea</i> (leaves), apricot concentrate (<i>Prunus armeniaca</i> (fruit), strawberry concentrate (<i>Fragaria vesca</i> (fruit), peach concentrate (<i>Prunus persica</i> (fruit)		
Lycopene	1200 mcg	†
Lutein/Zeaxanthin	410 mcg	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, SALMON OIL, UNIPRO (ULTRA-HIGH POTENCY OMEGA-3 FATTY ACID CONCENTRATE (TUNA, SARDINE, AND ANCHOVY), GLYCERIN, OLIVE OIL, YELLOW BEESWAX, PURIFIED WATER, LECITHIN, FINE BRAN POWDER, WHEAT GERM POWDER, STARCH, SILICON DIOXIDE, TITANIUM DIOXIDE, AND NATURAL COLOR.



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Fremont, California 94538 U.S.A.

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